



Pilates Matwork Certified Instructor

Gina Poma

has successfully demonstrated written competency to lead and train healthy persons who have no apparent physical limitations or special needs.

SCW-EDU is the educational division of Sara's City Workout, an internationally recognized company dedicated to increasing the professionalism of fitness instruction worldwide through high quality

MANIA Fitness conventions, SCW-EDU Certifications, and video productions.

Sara's City Workout is an approved continuing education provider for ACE, AFA, and AFPA, ACSM and NASM board ACE credentialed courses for continuing education credit.

11-6-03
Date Completed

11-6-05
Expiration Date



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